



National Nutrient Database for Standard Reference

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Statistics Report 09081, Cranberry sauce, canned, sweetened

Report Date: June 30, 2017 01:06 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ¹	g	58.45	2	--	58.2	58.7	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Energy	kcal	159	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Energy	kJ	667	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Protein ¹	g	0.90	2	--	0.75	1.05	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Total lipid (fat)	g	0.15	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Ash ¹	g	0.10	2	--	0.1	0.1	1.0	--	--	1	Analytical or derived from analytical	--	08/1982
Carbohydrate, by difference	g	40.40	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Fiber, total dietary ¹	g	1.1	2	--	1	1.2	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Sugars, total ¹	g	31.75	2	--	31.3	32.2	1.0	--	--	1	Analytical or derived from analytical	--	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose 1	g	0.10	2	--	0.1	0.1	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Glucose (dextrose) 1	g	17.45	2	--	17.1	17.8	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Fructose 1	g	9.75	2	--	9.7	9.8	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Lactose 1	g	0.00	2	--	0	0	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Maltose 1	g	4.45	2	--	4.4	4.5	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Galactose 1	g	0.00	2	--	0	0	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Minerals													
Calcium, Ca 1	mg	3	2	--	3	3	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Iron, Fe 1	mg	0.41	2	--	0.2	0.62	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Magnesium, Mg 1	mg	2	2	--	2	2	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Phosphorus, P 1	mg	4	2	--	4	4	1.0	--	--	1	Analytical or derived from analytical	--	06/2015

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Potassium, K ¹	mg	28	2	--	21	34	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Sodium, Na ¹	mg	5	2	--	5	5	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Zinc, Zn ¹	mg	0.03	2	--	0.02	0.03	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Copper, Cu ¹	mg	0.026	2	--	0.02	0.04	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Manganese, Mn ¹	mg	0.073	2	--	0.06	0.09	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Selenium, Se	µg	0.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Fluoride, F ²	µg	1.9	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2006
Vitamins													
Vitamin C, total ascorbic acid ¹	mg	1.0	2	--	1	1	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Thiamin	mg	0.015	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Riboflavin	mg	0.021	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Niacin	mg	0.100	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Vitamin B-6	mg	0.014	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Folate, total	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1985
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2007
Folate, DFE	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2007
Choline, total	mg	3.8	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2007
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2007
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta ¹	µg	20	2	--	20	20	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin A, IU	IU	33	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Lutein + zeaxanthin	µg	48	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin E (alpha-tocopherol)	mg	0.93	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone) ³	µg	1.4	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2003
Lipids													
Fatty acids, total saturated ¹	g	0.007	2	--	0.01	0.01	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
16:0	g	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
18:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total monounsaturated ¹	g	0.007	2	--	0.01	0.01	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015

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18:1 undifferentiated	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total polyunsaturated ¹	g	0.031	2	--	0.03	0.03	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
18:2 undifferentiated	g	0.019	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
18:3 undifferentiated	g	0.012	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total trans ¹	g	0.000	2	--	0	0	1.0	--	--	1	Analytical or derived from analytical	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Flavonoids													
Anthocyanidins													
Cyanidin ⁵	mg	0.10	--	--	0.1	0.1	--	--	--	--	--	--	--
Delphinidin ⁵	mg	0.0	--	--	0.02	0.02	--	--	--	--	--	--	--
Pelargonidin ⁵	mg	0.0	--	--	0.02	0.02	--	--	--	--	--	--	--
Flavones													
Apigenin ⁵	mg	0.0	--	--	0.01	0.01	--	--	--	--	--	--	--
Luteolin ⁵	mg	0.0	--	--	0.02	0.02	--	--	--	--	--	--	--
Flavonols													
Kaempferol ⁵	mg	0.0	--	--	0.01	0.01	--	--	--	--	--	--	--
Myricetin ⁵	mg	2.7	--	--	2.7	2.7	--	--	--	--	--	--	--
Quercetin ⁵	mg	2.4	--	--	2.4	2.4	--	--	--	--	--	--	--
Proanthocyanidin													
Proanthocyanidin dimers ⁴	mg	4.4	--	1.46	1.2	6.9	--	--	--	--	--	--	--

Sources of Data

¹Ocean Spray Cranberries, Inc. Nutrient composition of Ocean Spray products, 2015

²Donald Taves Dietary Intake of Fluoride Ashed (total fluoride) v. Unashed (inorganic fluoride) Analysis of Individual Foods, 1983 British Journal of Nutrition 49 pp.295-301

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⁵Franke, A.A., Custer, L.J., Arakaki, C., and Murphy, S.P. Vitamin C and flavonoid levels of fruits and vegetables consumed in Hawaii., 2004 J. Food Comp. Anal. 17 pp.1-35